



"Sweet May hath come to love us.
Flowers, trees, their blossoms don."
-Heinrich Heine



**Organic Valley
Organic Shredded Cheese**
(selected varieties)

\$3.99

6 oz



**Harmless Harvest
Organic Coconut Water**
(selected varieties)

\$3.79

16 oz



**Annie's
Mac & Cheese**
(selected varieties)

2/\$6

6 oz



**Simple Mills
Almond Flour Crackers**

\$3.79

4.25 oz



**Wild Planet
Wild Albacore Tuna**

\$3.79

5 oz



**Forager Project
Organic Cashewmilk Yogurt**
(selected varieties)

\$4.99

24 oz



**Food For Life
Organic Ezekiel 4:9® Bread**
(selected varieties)

\$5.29

24 oz



**Bionaturae
Organic Tomato Paste**

\$1.99

7 oz



**Califia Farms
Barista Blend Oatmilk**
(selected varieties)

\$4.79

32 oz



**The Mountain Valley
Spring Water**
(selected varieties)

\$1.99

1 lt



**Santa Cruz Organic
Organic Lemonade**
(selected varieties)

\$1.99

32 oz



Maya Kaimal
Organic Everyday Dal

\$3.49

10 oz



Lotus Foods
Organic Rice Ramen 4 Pack

\$5.49

10 oz



Ancient Harvest
Organic Polenta
(selected varieties)

\$3.29

18 oz



Bob's Red Mill
Organic Whole Grain Farro

\$5.29

24 oz



Napa Valley Naturals
Organic Extra Virgin
Olive Oil

\$11.99

25.4 oz



California Olive Ranch
Extra Virgin Olive Oil
(selected varieties)

\$8.29

16.9 oz



Rao's Homemade
Pasta Sauce

\$6.79

24 oz



Primal Kitchen
Mayo with Avocado Oil

\$7.99

12 oz



Sir Kensington's
Classic Mayonnaise

\$5.49

12 oz



We are a Mexican-American food brand, rooted in family, that makes delicious better-for-you products. It's our mission to inspire inclusivity around the table by creating heritage-inspired foods made with real ingredients.



Siete
Grain Free Tortillas
(selected varieties)

\$6.99

8 ct



Siete
Tortilla Chips

\$3.99

5 oz



Siete
Grain Free Taco Shells

\$4.29

5.5 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of May.

Woodstock
Organic Pickles
(selected varieties)

\$5⁷⁹

24 oz



Jeff's Garden
Jalapeno Peppers
(selected varieties)

\$2²⁹

12 oz



Green Mountain Gringo
Salsa

\$4⁹⁹

16 oz



Late July
Tortilla Chips
(selected varieties)

2/\$7

7.5-7.8 oz



Food Should Taste Good
Tortilla Chips
(selected varieties)

2/\$5

5.5 oz



Good Health
Avocado Oil Potato Chips

\$3²⁹

5 oz



Kettle
Potato Chips
(selected varieties)

2/\$6

5 oz



Terra
Vegetable Chips
(selected varieties)

\$3²⁹

5-6 oz



Vegan Rob's
Puffs

\$2⁷⁹

3.5 oz



Unique Pretzels
Organic Pretzels

\$3⁷⁹

8 oz



From The Ground Up
Crackers

\$2⁹⁹

3.5-4 oz



Vermont Smoke & Cure
Meat Stick
(selected varieties)

2/\$3

1 oz



Tate's Bake Shop
Cookies

\$4⁷⁹

7 oz



Mavuno Harvest
Organic Dried Fruit
(selected varieties)

\$2⁷⁹

2 oz



Crofter's Organic
Organic Premium Fruit Spread
(selected varieties)

\$4⁷⁹

16.5 oz



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**Catalina Crunch
Keto Friendly Cereal**
(selected varieties)



\$6.49

8-9 oz

**Newman's Own
Fig Newman's**
(selected varieties)



\$3.79

10 oz

**MadeGood
Organic Granola Bars**



\$3.79

6 ct

**Larabar
Fruit & Nut Bar**
(selected varieties)



5/\$5

1.6-1.7 oz

**GoMacro
Organic MacroBar**



2/\$5

2-2.4 oz

**Clif Bar
Energy Bar**
(selected varieties)



2/\$3

2.4 oz

**Panda
Licorice**
(selected varieties)



\$2.99

7 oz

**UNREAL
Chocolate Bars**



\$4.29

3.4-4.2 oz

**Chocolove
Chocolate Bar**
(selected varieties)



2/\$5

2.9-3.1 oz



The highest standard for farming on Spaceship Earth! Dr. Bronner's Virgin Coconut Oils are Regenerative Organic Certified®—Magic All-One Chocolate is on the path! Regenerative organic agriculture builds rich soil, sequesters carbon, provides healthy food, and fosters biodiversity. All-One!



**Dr. Bronner's
Organic Chocolate Bar**
(selected varieties)

\$3.79

2.9-3 oz



**Dr. Bronner's
Organic Coconut Oil**

\$7.79

14 oz

**Endangered Species
Chocolate Bar**
(selected varieties)



2/\$6

3 oz

**Theo
Organic Chocolate Bar**
(selected varieties)



\$2.79

3 oz

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Farmer's Market
Organic Pumpkin

\$2⁹⁹

15 oz



Peter Rabbit Organics
Organic Baby Food Pouch
(selected varieties)

\$1⁶⁹

4-4.4 oz



Pukka
Organic Tea
(selected varieties)

\$3⁹⁹

20 ct



Choice Organic Teas
Organic Tea
(selected varieties)

2/\$6

16 ct



Celestial Seasonings
Tea
(selected varieties)

\$3²⁹

18-20 ct



R.W. Knudsen
Organic Just Tart
Cherry Juice

\$7²⁹

32 oz



Lakewood
Organic Pure
Cranberry Juice

\$8⁹⁹

32 oz



Essentia
Alkaline Water

\$1⁷⁹

1 lt



Nixie Sparkling Water
Organic Sparkling Water
(selected varieties)

\$4⁹⁹

8 ct



nutpods
Dairy-Free Creamer
(selected varieties)

\$2⁷⁹

11.2 oz



C2O
Coconut Water
(selected varieties)

\$3⁴⁹

33.8 oz



Nixie
SPARKLING WATER

**LIME GINGER
CUCUMBER MINT
AGUA FRESCA**

- 2 CANS OF LIME GINGER NIXIE
- 4-5 SPRIGS OF MINT
- 3 CUCUMBERS, BLENDED
- 1 CUP OF WATER
- ICE
- MIX IT UP!

Ingredients make 1 pitcher/6 delicious, sugar-free mocktails!

USDA ORGANIC | NON GMO Project VERIFIED

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Tropical Smoothie Bowl



10 ounces tropical frozen fruit blend
1 cup almond milk
½ cup orange juice
1 tablespoon honey

Toppings

1 kiwi, peeled and chopped
½ cup chopped pineapple
1 dragon fruit, chopped
1 teaspoon hemp hearts
½ teaspoon chia seeds
¼ cup shredded coconut

1 Blend frozen fruit, almond milk, orange juice, and honey until smooth. Mixture will be thick. Pour into serving bowls.

2 Top with fruit and sprinkle on chia seeds, hemp hearts, and shredded coconut. Serve immediately.

Uncle Matt's Organic
Organic Orange Juice
(selected varieties)

\$6²⁹

52 oz



Perfect Bar
Protein Bar
(selected varieties)

2/\$5

2.2-2.5 oz



siggi's
Icelandic Style Yogurt

\$1³⁹

5.3 oz



GT's
Organic Coconut Yogurt
(selected varieties)

\$4⁷⁹

8 oz



Brown Cow
Cream Top Whole Milk Yogurt

\$3⁷⁹

32 oz



Rumiano
Organic Sliced Cheese

\$3⁴⁹

6 oz



Ithaca
Hummus

\$3⁹⁹

10 oz



Woodstock
Organic Frozen Vegetables
(selected varieties)

\$3⁴⁹

10 oz



Feel Good Foods
Gluten Free Egg Rolls

\$6⁷⁹

9 oz



Van's
Waffles
(selected varieties)

\$3⁴⁹

8-9 oz



Cosmic Bliss
Organic Dairy-Free
Frozen Dessert
(selected varieties)

\$4⁷⁹

14 oz



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**Garden of Life
Raw Organic Protein Powder**



\$37⁹⁹

568-664 g

**Vibrant Health
Green Vibrance**



\$49⁹⁹

11.92 oz

**Solaray
D-Mannose with CranActin**



\$19⁹⁹

60 cap

**Rainbow Light
High Potency Women's
One Multivitamin**



\$17⁹⁹

60 tab

**MegaFood
Blood Builder**



\$11⁹⁹

30 tab

**Natural Factors
WellBetX® Berberine
500 mg**



\$20⁹⁹

60 vcap

**Carlson
Cod Liver Oil**



\$39⁹⁹

500 ml

**Aura Cacia
Lavender Essential Oil**



\$8²⁹

.5 oz

**RADIUS
Original Toothbrush**



\$7⁹⁹

1 ct

**Better Life
All-Purpose Cleaner
(selected varieties)**



\$4⁷⁹

32 oz



**Badger
Sport Mineral
Sunscreen SPF 40**

\$11⁹⁹

2.9 oz



**Badger
Deet-Free
Mosquito Repellent**

\$8⁴⁹

4 oz



Caring for our planet is a core guiding principle at Badger, and that same care goes into every product we make. Formulated with just a few clean ingredients, our reef-friendly sunscreens and plant-powered bug sprays are safer for people and the planet.



We are part of INFRA (Independent Natural Food Retailers Association), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.com.

CONNECTICUT

- Chamomille Natural Foods
- The Common Bond Market
- It's Only Natural Market
- Mike's Organic
- Nature's Temptations
- New Morning Market
- Rooted Market
- Thyme & Season

DELAWARE

- Good News Natural Foods
- Harvest Market Natural Foods

DISTRICT OF COLUMBIA

- Dawson's Market
- Good Food Markets
- Yes! Organic Market

MAINE

- Bath Natural Market
- Lois' Natural Marketplace
- Morning Glory Natural Foods
- New Morning Natural Foods
- Rosemont Market & Bakery
- Royal River Natural Foods
- Uncle Dean's Natural Market

MARYLAND

- Chestertown Natural Foods
- Community Garden Market
- David's Natural Market
- Dawson's Market
- The Good Earth Natural Foods Co
- Good Foods Markets
- Roots Market
- Yes! Organic Market

MASSACHUSETTS

- Cambridge Naturals
- City Feed & Supply
- Common Crow Natural Market
- Cornucopia Natural Wellness Market
- Debra's Natural Gourmet
- Down to Earth Natural Foods
- The Good Seed Natural Food Market
- Guido's Fresh Marketplace
- Neighborhood Produce
- Roots Natural Foods
- Rory's Market

NEW HAMPSHIRE

- Granite State Natural Foods
- Maggie's Market
- Nature's Green Grocer
- Sunflower Natural Foods

NEW JERSEY

- A-1 Nutrition Store
- Back to Nature
- Basil Bandwagon Natural Market
- Green Acres Health Food Store
- Green Life Market
- Green Street Market
- Healthfair Natural & Organic Food Market
- Healthway Natural Food Center
- Healthy Thymes Market
- Olive May Health
- Nature's Nutrition
- Nature's Pavilion
- Pangaea Naturals
- Whole Earth Center

NEW YORK

- A Matter of Health
- Agata & Valentina
- Cornucopia Natural Foods
- Down to Earth Whole Foods
- Earnest Foods
- Feel Rite Fresh Markets
- Four Seasons Natural Foods
- Good Roots Natural Market
- Good N' Natural
- Green Earth Health Market
- Green Planet Grocery
- Greene Grape Provisions
- Hawthorne Valley Farm Store
- Health Beat Natural Foods
- Kaaterskill Farm Natural Storehouse
- LifeThyme Natural Market
- The Local Food Market
- Lori's Natural Food Center
- Nature's Harvest
- Nature's Pantry
- Rising Tide Natural Foods
- Sunflower Natural Foods Market
- Uncle Sam's Good & Natural Products

PENNSYLVANIA

- Bloom Naturally
- Earthlight Natural Foods
- Everything Natural Under the Sun
- Frey's Better Foods
- Health Hut
- JoRob's Naturals
- Kimberton Whole Foods
- Leg Up Farmers Market
- Lemon Street Market
- Martindale's Natural Market
- Nature's Harvest
- Nature's Pantry
- Nature's Way Market
- Organnons Natural Market
- Queen's Nutritional Products
- Sonnenwald Natural Foods
- Soulberry Natural Market

RHODE ISLAND

- Nature's Goodness
- The Green Grocer
- Rory's Market

VERMONT

- Natural Provisions

VIRGINIA

- Eats Natural Foods
- Ellwood Thompson's
- Good Foods Grocery
- Health Nut Nutrition
- Health Trail Natural Foods
- Mustard Seed Natural Market
- Organic Food Depot
- Rebecca's Natural Foods
- Yes! Organic Market

WEST VIRGINIA

- Community Garden Market
- Good Natured Market & Vegetarian Cafe
- Mother Earth Foods
- The Public Market

