



July 2023

“Live in each season as it passes: breathe the air, drink the drink, taste the fruit.”

-Henry David Thoreau



Late July Organic Tortilla Chips

2/\$5

7.4-10.1 oz



Nixie Sparkling Water Organic Sparkling Water (selected varieties)

\$4.79

8 ct

Bubbies Kosher Dill Pickles



\$6.49

33 oz

Follow Your Heart Original Veganaise



\$4.49

16 oz

Annie's Organic Mac & Cheese (selected varieties)



2/\$6

5.5-6 oz

Pamela's Graham Crackers (selected varieties)



\$5.29

7.5 oz

Larabar Fruit & Nut Bar (selected varieties)



5/\$5

1.6-1.7 oz

Cosmic Bliss Organic Dairy-Free Frozen Dessert (selected varieties)



\$5.29

14 oz

Milkadamia Macadamia Milk (selected varieties)



\$3.79

32 oz

Health-Ade Organic Kombucha (selected varieties)



\$2.79

16 oz

The Mountain Valley Spring Water



\$2.29

1 lt

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of July.





Level up your grilling game with Primal Kitchen®. Our Organic Unsweetened Ketchup and Mayo with Avocado Oil deliver bold, classic flavor without compromise. No gluten, dairy, or artificial sweeteners—just real ingredients that make real food taste better.



Primal Kitchen Mayo with Avocado Oil

\$7.99

12 oz



Primal Kitchen Organic Unsweetened Ketchup

\$4.79

11.3 oz

Wild Planet Skipjack Wild Tuna



\$2.79

5 oz

Tasty Bite Organic Indian Entrée (selected varieties)



\$3.29

10 oz

Mediterranean Organic Organic Capers



\$2.49

3.5 oz

California Olive Ranch Extra Virgin Olive Oil (selected varieties)



\$8.29

500 ml

Sir Kensington's Mayonnaise (selected varieties)



\$5.49

12 oz

Green Mountain Gringo Salsa



\$4.99

16 oz

Navitas Organic Chia Seeds



\$5.49

8 oz



Napa Valley Naturals Organic Extra Virgin Olive Oil

\$11.99

25.4 oz



Napa Valley Naturals Organic Red Wine Vinegar

\$3.99

12.7 oz



by **STONEWALL KITCHEN**

Once a roadside produce stand in the heart of California's wine country, Napa Valley Naturals has evolved over the years into a line of premium oils, vinegars and dressings that are made using only the best ingredients from the finest orchards and fields around the world.

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**Kettle
Potato Chips**
(selected varieties)

2/\$6

5 oz



**Siete
Tortilla Chips**

\$3.99

5 oz



**The Good Crisp Company
Potato Crisps**

\$3.29

5.6 oz



**Plant Snacks
Plant Thins**

\$2.79

5 oz



**From The Ground Up
Crackers**
(selected varieties)

2/\$6

3.5-4 oz



**Unique Pretzels
Organic Pretzels**

\$3.79

8 oz



**Angie's
BoomChickaPop
Popcorn**
(selected varieties)

\$2.99

4.5-7 oz



**Mary's Gone Crackers
Organic Crackers**
(selected varieties)

\$3.99

5-6.5 oz



**Quinn
Peanut Butter Filled
Pretzel Nuggets**

\$3.99

6.5-7 oz



**Clif Bar
Energy Bar**
(selected varieties)

\$1.29

2.4 oz



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**Dandies
Vegan Marshmallows**



\$3²⁹

10 oz

**Theo
Organic Chocolate Bar**
(selected varieties)



\$2⁷⁹

3 oz

**Lily's
Chocolate Bar**
(selected varieties)



2/\$7

2.8-3 oz

**Equal Exchange
Organic Chocolate Bar**



\$2⁹⁹

2.8 oz

**Tony's Chocologely
Chocolate Bar**
(selected varieties)



\$3⁷⁹

6.35 oz

**UNREAL
Chocolate Bars**



\$4²⁹

3.4-4.2 oz

**Celestial Seasonings
Tea**
(selected varieties)



\$3²⁹

20 ct

**Choice Organic Teas
Organic Tea**
(selected varieties)



\$2⁹⁹

16 ct

**SweetLeaf
Liquid Stevia**
(selected varieties)



\$5⁷⁹

2 oz

**R.W. Knudsen
Just Black Cherry Juice**



\$5⁴⁹

32 oz

**Essentia
Alkaline Water**



\$2²⁹

1.5 lt

**Zevia
Zero Calorie Soda**



\$5⁴⁹

6 ct

**ROAR Organic
Organic Vitamin
Enhanced Beverage**



\$1⁷⁹

18 oz

**Poppi
Prebiotic Soda**



\$1⁷⁹

12 oz

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Vita Coco
Coconut Water
(selected varieties)

\$3.99

1 lt



C2O
Coconut Water

\$2.99

33.8 oz



RISE Brewing Co.
Organic Oat Milk

\$4.79

32 oz



Harmless Harvest
Organic Coconut Water
(selected varieties)

\$3.79

16 oz



Olipop
Sparkling Tonic
(selected varieties)

\$1.69

12 oz



Santa Cruz Organic
Organic Lemonade
(selected varieties)

\$2.29

32 oz

**SANTA
CRUZ**
organic

Bold. Fresh. Juicy. At Santa Cruz Organic, we are committed to delivering a delicious, refreshing, and always organic experience. For a burst of refreshment and the perfect lemonade every time, try our organic Original Lemonade or organic Strawberry Lemonade!

Almond Breeze
Almondmilk

\$2.49

32 oz



Almond Breeze
Almondmilk

\$3.79

64 oz



So Delicious
Organic Coconutmilk

\$4.49

64 oz



REBBL
Organic Super Herb Elixir
(selected varieties)

2/\$7

12 oz



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Frozen Fruit Bark

- 18 ounces plain Greek yogurt
- 2/3 cup honey
- 1 teaspoon vanilla extract
- 1/4 teaspoon sea salt
- 6 ounces blackberries, halved
- 2 large ripe peaches, sliced
- 1/2 cup granola
- 1/2 teaspoon chia seeds

- 1 Line a small baking sheet with parchment paper and set aside.
- 2 In a mixing bowl combine yogurt, honey, and salt; whisk until thoroughly combined.
- 3 Spread mixture evenly into the prepared baking sheet.
- 4 Top with fruit, granola, and chia seeds. Tap pan a few times to set the toppings.
- 5 Freeze for two to three hours, or until firm.
- 6 Cut into pieces and serve. Store in freezer.



Brown Cow Cream Top Whole Milk Yogurt
(selected varieties)

5/\$5

5.3 oz



Redwood Hill Farm Goat Milk Yogurt
(selected varieties)

\$6.49

32 oz



Ithaca Cold-Crafted Hummus

\$3.99

10 oz



Bitchin' Sauce Sauce
(selected varieties)

\$4.79

8 oz



Organic Valley Organic Shredded Cheese
(selected varieties)

\$3.99

6 oz



Vital Proteins Collagen Peptides

\$20.99

10 oz



Alden's Organic Organic Ice Cream
(selected varieties)

\$8.29

48 oz



Wyman's of Maine Wild Blueberries

\$10.99

3 lb



Garden of Life Raw Organic Protein & Greens

\$32.99

548-651 g



Flora Super 8 Hi-Potency Probiotic

\$18.99

30 vcap



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Nature's Way
Sambucus Elderberry
Gummies

\$16⁹⁹

60 ct



MegaFood
Blood Builder

\$11⁹⁹

30 tab



Summer Skincare Tips

Wear sunscreen! Make sure to apply sunscreen generously on all exposed skin before heading outside. An SPF of 30 or higher is recommended for the best protection.

Stay hydrated! As you sweat your body loses both water and electrolytes. Drinks like coconut water and watermelon juice are naturally full of electrolytes to help keep you hydrated and your skin moisturized. Freeze these drinks into popsicles for the ultimate summer treat!

Moisturize! While many think moisturizers are only essential for the dry winter air, a lightweight moisturizer with an SPF is a great way to seal in moisture and protect your skin from damage during the summer.



Natural Factors
Deglycyrrhizinated Licorice
Root Extract Chewable

\$11⁹⁹

90 tab



Nordic Naturals
Ultimate Omega

\$20⁹⁹

60 ct



Wiley's Finest
Wild Alaskan Fish Oil Easy
Swallow Minis 630mg
EPA and DHA

\$14⁹⁹

60 ct



Himalaya
Toothpaste

\$5⁴⁹

5.29 oz



Lily of the Desert
Aloe Vera Gelly

\$3²⁹

4 oz



Alaffia
EveryDay Shea
Body Wash

\$10⁴⁹

32 oz



JASON
Vitamin E Pure Natural
Skin Oil 5000 IU

\$6⁷⁹

4 oz



Badger
Sport Mineral
Sunscreen SPF 40

\$11⁹⁹

2.9 oz



ECOS
Laundry Detergent

\$12⁹⁹

100 oz



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We are part of INFRA (Independent Natural Food Retailers Association), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.com.

CONNECTICUT

- Chamomille Natural Foods
- It's Only Natural Market
- Mike's Organic
- Nature's Temptations
- New Morning Market
- Rooted Market
- Thyme & Season

DELAWARE

- Good News Natural Foods
- Harvest Market Natural Foods

DISTRICT OF COLUMBIA

- Dawson's Market
- Good Food Markets
- Yes! Organic Market

MAINE

- Bath Natural Market
- Lois' Natural Marketplace
- Morning Glory Natural Foods
- New Morning Natural Foods
- Rosemont Market & Bakery
- Royal River Natural Foods
- Uncle Dean's Natural Market

MARYLAND

- Chestertown Natural Foods
- Community Garden Market
- David's Natural Market
- Dawson's Market
- The Good Earth Natural Foods Co
- Roots Market
- Yes! Organic Market

MASSACHUSETTS

- Cambridge Naturals
- City Feed & Supply
- Common Crow Natural Market
- Cornucopia Natural Wellness Market
- Debra's Natural Gourmet
- Down to Earth Natural Foods
- The Good Seed Natural Food Market
- Guido's Fresh Marketplace
- Neighborhood Produce
- Roots Natural Foods
- Rory's Market

NEW HAMPSHIRE

- Granite State Natural Foods
- Maggie's Market
- Nature's Green Grocer
- Sunflower Natural Foods

NEW JERSEY

- A-1 Nutrition Store
- Back to Nature
- Basil Bandwagon Natural Market
- Green Acres Health Food Store
- Green Life Market
- Green Street Market
- Healthfair Natural & Organic Food Market
- Healthway Natural Food Center
- Olive May Health
- Nature's Nutrition
- Nature's Pavilion
- Pangaea Naturals
- Whole Earth Center

NEW YORK

- A Matter of Health
- Accord Market
- Agata & Valentina
- Chatham Real Food Market Coop
- Cornucopia Natural Foods
- Down to Earth Whole Foods
- Earnest Foods
- Feel Rite Fresh Markets
- Four Seasons Natural Foods
- Good Roots Natural Market
- Good N' Natural
- Green Earth Health Market
- Green Planet Grocery
- Greene Grape Provisions
- Hawthorne Valley Farm Store
- Kaaterskill Farm Natural Storehouse
- LifeThyme Natural Market
- The Local Food Market
- Lori's Natural Food Center
- Nature's Harvest
- Nature's Pantry
- Old World Food Market
- Rising Tide Natural Foods
- Sunflower Natural Foods Market
- Uncle Sam's Good & Natural Products

PENNSYLVANIA

- Bloom Naturally
- Earthlight Natural Foods
- Everything Natural
- Everything Natural Under the Sun
- Frey's Better Foods
- Health Hut
- JoRob's Naturals
- Kimberton Whole Foods
- Leg Up Farmers Market
- Lemon Street Market
- Martindale's Natural Market
- Nature's Harvest
- Nature's Pantry
- Nature's Way Market
- Organnons Natural Market
- Queen's Nutritional Products
- Radish & Rye Food Hub
- Sonnenwald Natural Foods
- Soulberry Natural Market

RHODE ISLAND

- Nature's Goodness
- The Green Grocer
- Rory's Market

VERMONT

- Natural Provisions

VIRGINIA

- Eats Natural Foods
- Ellwood Thompson's
- Good Foods Grocery
- Health Nut Nutrition
- Health Trail Natural Foods
- Mustard Seed Natural Market
- Organic Food Depot
- Rebecca's Natural Foods
- Yes! Organic Market

WEST VIRGINIA

- Community Garden Market
- Good Nutured Market & Vegetarian Cafe
- Mother Earth Foods
- The Public Market

