

July 2023

"Live in each season as it passes: breathe the air, drink the drink, taste the fruit."

-Henry David Thoreau





Nixie Sparkling Water Organic Sparkling Water (selected varieties)

\$479

8 ct



Bubbies Kosher Dill Pickles



33 oz



Follow Your Heart Original Vegenaise

\$49

16 oz



Annie's Organic Mac & Cheese (selected varieties)

2/\$6

5.5-6 oz



Pamela's Graham Crackers (selected varieties)

\$529

7.5 oz



Larabar Fruit & Nut Bar (selected varieties)

5/\$5

1.6-1.7 oz



Cosmic Bliss
Organic Dairy-Free Frozen Dessert
(selected varieties)

\$529

14 oz



Milkadamia Macadamia Milk (selected varieties)

\$379

32 oz



Health-Ade
Organic Kombucha
(selected varieties)

\$279

16 oz



The Mountain Valley Spring Water

\$**2**29

1 lt



A PALA PALA







Primal Kitchen Organic Unsweetened Ketchup

Wild Planet Skipjack Wild Tuna



5 oz

Tasty Bite Organic Indian Entrée (selected varieties)

10 oz



Level up your grilling game with Primal Kitchen®. Our Organic Unsweetened Ketchup and Mayo with Avocado Oil deliver bold, classic flavor without compromise. No gluten, dairy, or artificial sweeteners—just real ingredients that make real food taste better.

Primal Kitchen

Mayo with

Avocado Oil

12 oz 11.3 oz

Mediterranean Organic Organic Capers



California Olive Ranch Extra Virgin Olive Oil (selected varieties)

500 ml



Sir Kensington's Mayonnaise (selected varieties)

12 oz



Green Mountain Gringo Salsa

3.5 oz





Navitas Organic Chia Seeds



Napa Valley Naturals Napa Valley Naturals Organic Extra Virgin Olive Oil

25.4 oz

Organic Red

Wine Vinegar

12.7 oz



by STONEWALL KITCHEN

Once a roadside produce stand in the heart of California's wine country, Napa Valley Naturals has evolved over the years into a line of premium oils, vinegars and dressings that are made using only the best ingredients from the finest orchards and fields around the world.

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AIRFRIED

Kettle **Potato Chips** (selected varieties)



Siete **Tortilla Chips**

Potato Crisps

The Good Crisp Company

5 oz



POTATO CHIPS

GOOD

LASSI

Unique Pretzels **Organic Pretzels**

8 oz

AIRFRIED

Quinn **Peanut Butter Filled Pretzel Nuggets**

ATE JULY

SEA SALT

6.5-7 oz



5.6 oz

Plant Snacks Plant Thins

5 oz

Crackers



Angie's BoomChickaPop Popcorn (selected varieties)

4.5-7 oz



Mary's Gone Crackers **Organic Crackers**

(selected varieties)

3.5-4 oz

From The Ground Up

(selected varieties)



5-6.5 oz



Clif Bar **Energy Bar** (selected varieties)



2.4 oz

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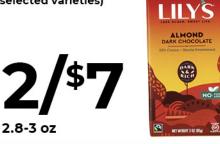
Dandies Vegan Marshmallows



Theo **Organic Chocolate Bar** (selected varieties)



Lily's **Chocolate Bar** (selected varieties)



3 oz

Equal Exchange Organic Chocolate Bar



Tony's Chocolonely **Chocolate Bar**

(selected varieties)



10 oz

UNREAL **Chocolate Bars**



2.8 oz

6.35 oz

Choice Organic Teas Organic Tea

(selected varieties)



\$429

3.4-4.2 oz

SweetLeaf Liquid Stevia (selected varieties)



2 oz

Zevia Zero Calorie Soda



\$549

6 ct



20 ct

Sleepytime CELESTIAL HERBAL TEA

R.W. Knudsen Just Black Cherry Juice



32 oz



Essentia Alkaline Water

16 ct

1.5 lt





ROAR Organic

18 oz



12 oz



A PALA PALA

Vita Coco Coconut Water (selected varieties)

1 lt

C20 **Coconut Water**



33.8 oz

RISE Brewing Co. Organic Oat Milk

\$479

32 oz

Harmless Harvest Organic Coconut Water (selected varieties)

16 oz

Olipop Sparkling Tonic (selected varieties)

12 oz







Santa Cruz Organic Organic Lemonade (selected varieties)

32 oz



Bold. Fresh. Juicy. At Santa Cruz Organic, we are committed to delivering a delicious, refreshing, and always organic experience. For a burst of refreshment and the perfect lemonade every time, try our organic Original Lemonade or organic Strawberry

Lemonade!



32 oz



So Delicious **Organic Coconutmilk**

\$**_4**49

(selected varieties)

Organic Super Herb Elixir

64 oz

REBBL



Almond Breeze Almondmilk

HARMLESS HARVEST

ORIGINAL



64 oz



GT's Organic Synergy Raw Kombucha (selected varieties)

16 oz



NERG



12 oz

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Frozen Fruit Bark

18 ounces plain Greek yogurt 2/3 cup honey 1 teaspoon vanilla extract ¼ teaspoon sea salt

6 ounces blackberries, halved 2 large ripe peaches, sliced

½ cup granola

½ teaspoon chia seeds

parchment paper and set aside.

2 In a mixing bowl combine. 1 Line a small baking sheet with

In a mixing bowl combine yogurt, honey, and salt; whisk until thoroughly combined.

Spread mixture evenly into the

prepared baking sheet.

4 Top with fruit, granola, and chia seeds. Tap pan a few times to set the toppings.

Freeze for two to three hours, or

until firm.

6 Cut into pieces and serve. Store in freezer.

Brown Cow Cream Top Whole Milk Yogurt (selected varieties)

5.3 oz



Redwood Hill Farm Goat Milk Yogurt (selected varieties)

32 oz



Ithaca Cold-Crafted **Hummus**



Bitchin' Sauce Sauce

(selected varieties)

8 oz

Organic Valley **Organic Shredded Cheese**

(selected varieties)



6 oz



Vital Proteins **Collagen Peptides**

10 oz



Alden's Organic **Organic Ice Cream** (selected varieties)

48 oz

Wyman's of Maine Wild Blueberries

3 lb



Garden of Life Raw Organic **Protein & Greens**

548-651 g



Flora **Super 8 Hi-Potency Probiotic**

30 vcap



10 oz

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Nature's Way Sambucus Elderberry Gummies

60 ct

MegaFood **Blood Builder**





DGL

Natural Factors Deglycyrrhizinated Licorice

Root Extract Chewable

90 tab

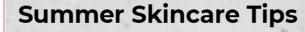
30 tab

Himalaya Toothpaste

5.29 oz

JASON Vitamin E Pure Natural Skin Oil 5000 IU

4 oz



Wear sunscreen! Make sure to apply sunscreen generously on all exposed skin before heading outside. An SPF of 30 or higher is recommended for the best protection.

Stay hydrated! As you sweat your body loses both water and electrolytes. Drinks like coconut water and watermelon juice are naturally full of electrolytes to help keep you hydrated and your skin moisturized. Freeze these drinks into popsicles for the ultimate summer treat!

Moisturize! While many think moisturizers are only essential for the dry winter air, a lightweight moisturizer with an SPF is a great way to seal in moisture and protect your skin from damage during the summer.



Wiley's Finest Wild Alaskan Fish Oil Easy Swallow Minis 630mg PIBASA

EPA and DHA

\$7499

60 ct



Alaffia **EveryDay Shea Body Wash**

32 oz



FISH OIL

ECOS Laundry Detergent





Badger **Sport Mineral** Sunscreen SPF 40

Nordic Naturals

Ultimate Omega

60 ct

\$2099

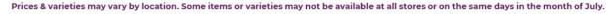
Lily of the Desert

Aloe Vera Gelly

2.9 oz







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We are part of INFRA (Independent Natural Food Retailers Association), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.com.

CONNECTICUT

Chamomille Natural Foods It's Only Natural Market Mike's Organic Nature's Temptations New Morning Market Rooted Market Thyme & Season

DELAWARE

Good News Natural Foods Harvest Market Natural Foods

DISTRICT OF COLUMBIA

Dawson's Market Good Food Markets Yes! Organic Market

MAINE

Bath Natural Market Lois' Natural Marketplace Morning Glory Natural Foods New Morning Natural Foods Rosemont Market & Bakery Royal River Natural Foods Uncle Dean's Natural Market

MARYLAND

Chestertown Natural Foods Community Garden Market David's Natural Market Dawson's Market The Good Earth Natural Foods Co Roots Market Yes! Organic Market

MASSACHUSETTS

Cambridge Naturals
City Feed & Supply
Common Crow Natural Market
Cornucopia Natural Wellness Market
Debra's Natural Gourmet
Down to Earth Natural Foods
The Good Seed Natural Food Market
Guido's Fresh Marketplace
Neighborhood Produce
Roots Natural Foods
Rory's Market

NEW HAMPSHIRE

Granite State Natural Foods Maggie's Market Nature's Green Grocer Sunflower Natural Foods

NEW JERSEY

A-1 Nutrition Store
Back to Nature
Basil Bandwagon Natural Market
Green Acres Health Food Store
Green Life Market
Green Street Market
Healthfair Natural & Organic Food Market
Healthway Natural Food Center
Olive May Health
Nature's Nutrition
Nature's Pavilion
Pangaea Naturals
Whole Earth Center

NEW YORK

A Matter of Health Accord Market Agata & Valentina Chatham Real Food Market Coop Cornucopia Natural Foods Down to Earth Whole Foods Earnest Foods Feel Rite Fresh Markets Four Seasons Natural Foods Good Roots Natural Market Good N' Natural Green Earth Health Market Green Planet Grocery **Greene Grape Provisions** Hawthorne Valley Farm Store Kaaterskill Farm Natural Storehouse LifeThyme Natural Market The Local Food Market Lori's Natural Food Center Nature's Harvest Nature's Pantry Old World Food Market Rising Tide Natural Foods Sunflower Natural Foods Market

PENNSYLVANIA

Bloom Naturally Earthlight Natural Foods **Everything Natural** Everything Natural Under the Sun Frey's Better Foods Health Hut JoRob's Naturals Kimberton Whole Foods Leg Up Farmers Market Lemon Street Market Martindale's Natural Market Nature's Harvest Nature's Pantry Nature's Way Market Organnons Natural Market Queen's Nutritional Products Radish & Rye Food Hub Sonnewald Natural Foods Soulberry Natural Market

RHODE ISLAND

Nature's Goodness The Green Grocer Rory's Market

VERMONT

Natural Provisions

VIRGINIA

Eats Natural Foods
Ellwood Thompson's
Good Foods Grocery
Health Nut Nutrition
Health Trail Natural Foods
Mustard Seed Natural Market
Organic Food Depot
Rebecca's Natural Foods
Yes! Organic Market

WEST VIRGINIA

Community Garden Market Good Natured Market & Vegetarian Cafe Mother Earth Foods The Public Market

Uncle Sam's Good & Natural Products